



Smile Action International



INSIDE4Real

May 2020





Smile Action International

FEATURES

- 3 INSIDE4Real Executive
- 4 Not stigmatised but empowered
- 7 Leadership Inspiration
- 12 Thematic issues for disability
- 22 Born to live a mark
- 26 I feel I have a purpose now



EMPOWERING THE MARGINALISED



INSIDE4Real CHIEF EDITOR

Tinashe W Muberekwa

PRODUCTION EDITOR

Tatenda Mamina

ASSISTANT PRODUCTION EDITOR

Teresa Jaha

I4R NEWS SENIOR EDITOR

Sibusisiwe Nyoni

I4R NEWS JUNIOR EDITOR

Nyasha Manzou

MARKETING EDITOR

Talent Kanyemba

ART & DESIGNS

Eugene Ncube, Pamela G Ntini &
Tinashe W Muberekwa

EDITORIAL

TO WRITERS: Articles on PWDs and Orphans are welcome and may be submitted to :
saieditor.news@gmail.com. INSIDE4Real is published monthly by Smile Action International
Email: saiheadquarters@gmail.com
[www.facebook.com/Smile Action International](https://www.facebook.com/SmileActionInternational)
<https://twitter.com/ActionSmile>



Not Stigmatised but empowered

BY TINASHE W MUBEREKWA

As you open this first edition of **INSIDE4Real**, you are to notice that it speaks more on people with disabilities (PWDs), Orphans and the less privileged across the globe. The book is the voice of PWDs and OVCs. **INSIDE4Real** is an abbreviation for “I am not stigmatized in disability but empowered for resilient effective active living”. It appears both as a book and a Community program. The call to empower and promote the recognition of people with disabilities (PWDs), Orphans and less privileged is the major objective of **Smile Action International**, a voluntary charity based organisation in Zimbabwe operating internationally as it strives to eradicate discrimination and stigmatization in all sectors of the society.

INSIDE4Real emphasize the call made by King David as recorded in Psalm 82:3-4 “Defend the weak and the fatherless, uphold the cause of the poor and the oppressed. Rescue the weak and the needy, deliver them from the hand of the wicked” As you read through, you are to understand more on challenges they face daily and solutions to live resilient, effective and active life.



Tinashe W Muberekwa is Public Relations
Director of Smile Action International in
Bulawayo, Zimbabwe

The magazine inside pages are full of real stories, SAI summarized reports, services it offers to the nation, surveys, inspirational poems, devotional reading, SDGs for partnership goals and adverts to keep SAI Community connected in eradicating stigmatization and discrimination on people with disabilities across the globe. The team of professional volunteers who produced this magazine are committed to bring a sustainable living in all communities prayerfully.



Smile Action International

This magazine is to change lives of many citizens as it brings positive development on people with disabilities by total involving them in full participation of all projects and programs for free.

Pay attention to this first month's cover feature, "**Unique Hands**". Pamela Gugulethu Ntini's remarkable story of how she became an African artist in the City of Kings and Queens in Bulawayo Zimbabwe despite her disability. The story is a testimony of the power of God in turning disability into ability. Ponder your deep commitments as you read and empower many marginalized ones across all global regions. Also find a time to learn more on Smile Action International services to the nation from grass-root level to global level with a theme Empowering The Marginalized especially during this difficult time of Covid 19 epidemic. Prayerfully together we can be the voice for the marginalized. God is in control of this world from first day of creation. In Him we trust. Amen!

The story is a testimony of the power of God in turning disability into ability....



Smile Action International

Online Free Trainings

14 DAYS

Don't miss

SAI will be providing Online Free Trainings to Empower and promote People with disabilities (PWDs) and all vulnerable Children in Zimbabwe & abroad.

Join Us!

Contact us : +263 732 922 500 / +263 713 922 500



Smile Action International

Follow us on : [www.facebook.com/Smile Action International](https://www.facebook.com/SmileActionInternational)
[https://twitter.com](https://twitter.com/SmileActionInternational)

Editor's Pen

BY SIBUSISIWE NYONI

There is a popular saying that is easy to say than live, that disability is not inability. While for a fact, disability is not inability. Such a desired status does not self-achieve, if it did then issues of disability would not be Central in the building of a just and disability sensitive society.

The desire to achieve a disability sensitive society has been with men for a very long time, but similarly such issues have remained at the core of social inequalities especially in developing nations.

While various strategies have and continue to be implemented, the all needed initiative is one that harnesses all positive energy in this all important mammoth task. The Smile Action International (SAI) initiative represents the centre for a coordinated initiative in moving to achieve a disability sensitive society.

In adopting a coordinated and all-encompassing approach, the SAI initiative accepts that there is much to learn from the positives and negatives of the past, that a more formidable strategy is one that must always be stemming from a process that involves and priorities the feelings and views of the disabled community.

The SAI initiative accepts that government, NGOs and civil society in the broad sense are partners in this sacred task. In achieving a coordinated approach the SAI initiative will give an over attentive ear to these partners.

This publication is inaugural for SAI and through it as an engagement platform, we hope to champion conversation and coordination of thought in achieving a disability sensitive society.



Sibusisiwe Nyoni is SAI's
Zimbabwe News Editor



Smile Action International

Leadership Inspiration

BY TATENDA MAMINA

(Smile Action International Operations Director)



Empowering the marginalized, let us remain united in the fight against Covid 19. Let us bear in mind the marginalized communities. It is our collective responsibility to empower the marginalized be it PWDs, Orphans, vulnerable children, adolescent girls and young women in remote areas.

Let us stand with hope and faith that God will protect us. Acknowledgments go to our heroes on the frontline for the commitment they have rendered towards this pandemic, “We salute you”. We remember also those we have lost to the pandemic. SAI will remain focused to find ways and create sustainable solutions during this time of a global crisis which has brought socioeconomic crisis.

We will work with our partners and stakeholders in advancing SDG 17 Partnership goals as we uplift the marginalized communities.

To all leaders out there do not be scared of this pandemic, rather be a solution. Despite your ability or disability refrain from fearing something that make you shake to a solution in this time of crisis. Fear never goes away it comes to stay, and when afraid all you do will be in vain even in your personal life. Believe that you are a leader and the world need people like you to make it a better place.



Smile Action International

May 2020 / Inside4Real 7

Unique Hands

NARRATED BY TINASHE W MUBEREKWA
INSIDE4Real CHIEF EDITOR



Certain names have found a prominent place in the history of the beginning of INSIDE4Real program in Zimbabwe. Gugu became popular in 1991 at King George VI Rehabilitation Centre in Bulawayo. Born with a disability called cerebral palsy which is a congenital disorder of movement, muscle tone or posture, who could have thought that one day her hands could be able to hold a paint brush. Her family never gave up to raise the artist despite all the hardships she went through to adjust to new learning environment in Bulawayo. Spending childhood life not able to hold even a spoon to feed herself never melted the love from the family rather it encouraged them to stand by her and fight hard to develop the girl child.

The artist used to see other junior art students drawing and envied them. This grew a positive mind which pushed her extra to develop fast the art skills from 1991 to 2003 at King George VI, a rehabilitation centre which caters for children with disabilities

SIMBAKUYAMWA Art design courtesy of Pamela G.Ntini

GUGU



Smile Action International

May 2020 / Inside4Real 8

Artistical voice became a reality when she got a distinction certificate in Art and design course from St Pius Church college in 2007-2008. Pamela Gugulethu Ntini has designed numerous African Artistical designs including SAI community dialogue image picture of a mother breastfeeding a child with care and love. Participating in art national workshop and online awareness programs. The SAI Community dialogue titled “**Simbakuyamwe**” was developed by SAI in conjunction with MubNet team in December 2019 to support community activities in empowering girl child, women, people with disabilities and orphans through community dialouges involving social life and health. While she continues to work on art designs daily, the artist is calling for total support towards people with disabilities across the globe because disability is not inability. Artwork has played a majorrole in the life of theartist. Gugu believes that unity towards purpose in developing the community with disabled ones is key to achieve Sustainable Development Goals and nation at large from grassroots level using the bottom up approach. Inclusion is key and empowering the marginalized is the call to eradicate discrimination and stigmatization in all sectors of the society especially during this Covid 19 epidemic.



Picture of **Pamela G Ntini**
Smile Action International Art Student 2019

Real Stories...

Real Stories

STORY BY NIGEL PANASHE TAHWA

My name is Nigel Panashe Tahwa, born on the 20th of June 1997 in Marondera. Currently, I stay in Gweru. I was born with a condition called cerebral palsy it affects a child depending on the part or parts of the brain that have been impaired. In my case the motor control and speech were affected.

Cerebral palsy is a non-progressive loss of control over a motor function. It is non-contagious and is not curable either through medication or physiotherapy. I am also spastic. This condition is characterized by stiffness of muscles with reluctant restrictions of movement.

I did my primary and secondary education at King George VI Memorial School in Bulawayo. However, I could not complete my O' level due to epilepsy. Despite my disability I never gave up. I have a passion for disability issues and I teach about them. I believe that disability does not mean inability. I want to make a difference with my disability. I am not concerned about my disability but am concerned about my abilities. I want to educate the nation and the world at large. I see myself as an advocate and ambassador for people with disabilities



Picture of Nigel P Tahwa
Advocate Ambassador



Smile Action International

May 2020 / Inside4Real 10

Disability Inclusion

BY BLESSED NHODZA

One of the world's most famous comedian Roman Atkinson commonly known as "Mr Bean" once said, "To be successful you don't need a beautiful face and a heroic body. What you need is a skilful mind and the ability to perform." This statement is in light with my manifesto on the disability inclusion. I am so passionate about the emancipation of people with disabilities. I believe in equality and shunning caste groups in society that look down on people with disabilities. I also counter those who hide people with disabilities and keep them away from people. What happened to the codes of Ubuntu? "You are because I am and i am because you are." What happened to the next person policy?

Ladies and Gentleman let us not consider ourselves as deities for we can be the disadvantaged group anytime due to a number of misfortunes or accidents. Let us unite to empower and invest in people with disabilities for them to become socialites and role models to their fellow counterparts who live in utter socialite. I believe that if you want to walk fast walk

alone but if you want to walk far walk with others. Let's join hands to achieve a fantastic vision 2030 of becoming an upper middle income economy country and make a positive change in other people's lives.

We have some people with disabilities engaging in Small and Medium Enterprises, partner with them since their projects contribute a lot to our country's GDP. Equip them with necessary skills for survival rather than depending on social hand-outs. If you give a man fish you have fed them for one day but if you teach a man how to fish you have fed them for a lifetime. And to all people with disabilities out there believe in yourselves and know that you are worthy. If you cannot fly run, if you cannot run jog, if you cannot jog walk, if you cannot walk crawl, if you cannot crawl leap.... no matter what do not stop.



Blessed Nhodza is SAI National Coordinator in Bulawayo, Zimbabwe

What happened to the codes of Ubuntu? "You are because I am and i am because you are." What happened to the next person policy?



Smile Action International

May 2020 / Inside4Real 11

THEMATIC ISSUES

FOR DISABILITY

BY PROCLAIM RWODZI

Definition of key terms

Disability: it is an umbrella term covering impairment, activity limitations and participations (WHO, 2009). Baron (2009) notes that a person who is considered to have a disability if he/she has a physical, health, sensory, intellectual, psychological or mental health condition or impairment that restricts functioning in one or more areas.

Handicap: it is a limitation problem imposed on an individual by environmental demands. It is related to the individual ability to adapt or adjust to those demands.

Rehabilitation: Combined efforts in the domains of health, education, psychology and work, which are intended to raise the functional level of a disabled person so as to enable him/ her to take part in the normal life of the community.

Equalization of opportunities for persons with disabilities : Provision of equal opportunities and services to people with disabilities along side the non disabled.



Proclaim Pwodzi is SAI Trainings Director and Special Needs Specialist in Harare, Zimbabwe

Check next page to continue



Smile Action International

May 2020 / Inside4Real 12

Causes of disability

Prenatal/before birth

- 1) Chronic maternal illness
- 2) Toxin exposure
- 3) Nutrition deficiencies

Perinatal/(during pregnancy related complications)

- 1) Pre-maturity
- 2) Low birth weight
- 3) Infection exposure at the time of birth

Postnatal/after

- 1) Accidents
- 2) Sickness
- 3) Genetic factors

Cultural issues

Traditional African views of disability

In traditional African society, the birth of a child with any form of disability brings emotional stress to family members. Disability is regarded to be the work of mythical gods or the presents of evil and witchcraft (Sello and Kamper, 1997). On the same note Zindi (2000) concurs that the birth of a child with disability is a bad omen or act of bewitchment.

The situation is perceived as a punishment from God for the evil doings committed either by parents or their ancestors, hence some parents actually think it is shameful to have a child with disability around.

African culture may lead to:

- 1) **Over protection** – parents, care givers and service providers may be ignorant of people with disabilities capabilities and limitation leading to overprotection.
- 2) **Expedience** - able bodied people can be tempted to do things for people with disabilities hence depriving them chances to learn or to become independent.
- 3) **Psychology self-protection** –people with disabilities can also manipulate others they can take advantage of their disability and can use other people to do their work unnecessarily.
- 4) **Unsophisticated benevolence** – showing unnecessary sympathy to the person with disability which does not benefit the person instead of empathising and giving him/her changes to meet life challenges.

Check next page to continue



Inclusion

Barriers to inclusion

- 1) Lack of training in teaching children with disabilities. The teachers always feel unprepared especially on the emphasis on tests cores and accountability.
- 2) Physical barrier. Few activity venues are fully adapted to ensure the activity participation for all people. Many people with disabilities have access problems they will not join others fearing stigma and awkwardness of not being able to accesstheactivity.
- 3) Attitudinal barriers. These are major barriers to people with disability full participation in the society. From pity, awkwardness and fear to low expectations about what people with disabilities can contribute, stereotypical and negative attitudes.

Change

Disability does not mean inability. People with disabilities they need equal opportunities in all areas of life.

...people with disabilities need equal opportunities in all areas of life

According to PWDI (1981) disability is a loss or limitation of opportunities to take part in the normal life with others due to physical, environmental or social barriers for example lack of sign language to the deaf or lack of ramps to those with physical impairment that uses wheel chairs. It is us who disables them because our environments will not be friendly.

NB: We should avoid labelling and stigmatising them. Furthermore, the community should have positive attitudes and empowerment them.

Terminology

Terms to avoid:

- 1) Handicapped person
- 2) Wheel chair bound
- 3) Deaf people
- 4) Mental handicap
- 5) Disabled toilet

Background Photo: Kunashe Iqbal Muberekwa

Check next page to continue



Smile Action International

Preferred terms:

- 1) Person with disability
- 2) A person who uses a wheel chair
- 3) Deaf / people who are deaf
- 4) Intellectual disability
- 5) Accessible toilets

The person 1st philosophy say that one sees the person 1st the disability later. The terms/ names we use dictates the level of acceptance or value attached to the individual. It reveals the attitudes that one has towards the people with disabilities. To the people with disabilities words/terms can either enhance self-esteem or distort self-concept. Nagler (2000) is of the opinion that terms and attitudes that people with disabilities believe in are their greatest handicap in life.

...to people with disabilities word/terms can either enhance self esteem or distort self-concept.

Background Photo: MubNet Unified Systems

Career guidance

BY TINOTENDA HOMPA

Many people find it very hard to know what they want to do in future professionally. They turn to give excuses based on they are disabilities on why they have not made it in life, being disabled is on the end of life but the beginning of one, take that opportunity to identify what you desire, and make that dream or passion a reality. Some writer stated that, "if you do what you love you will never have to work a day in your life." There are many people who have a disability but are still following their passion and dreams such people as the late Steven Hawkins (a famous scientist), Nigel Tahwa (Advocate Ambassador), Velaphi Gumbo (Popular SDA Artist), Prudence Mabhena (Popular Zimbabwe Musician) and Pamela Ntini (Artist) to mention but a few.

Check next page to continue



Smile Action International

These people defied all odds and made a career and made a difference in the community they live in despite their challenges, where people saw a disability they saw the ability to make it.

Disability should not define your success but it should be but a stepping stone towards your success. Everyone has challenges in life but what differentiates us is the ability to rise over the inability to overcome them.



Tinotenda Hompa is SAI's trainer in Career guidance in Concession, Zimbabwe

Poet Corner

BY NYASHA MANZOU :

Our Covid Icons



Nyasha Manzou is SAI News Junior Editor in Harare, Zimbabwe

Our heroes of a particular admiration, Our heroines fighting Covid 19 An on-going pandemic virus
Causing so much havoc .

Check next page to continue



Smile Action International

May 2020 / Inside4Real 16

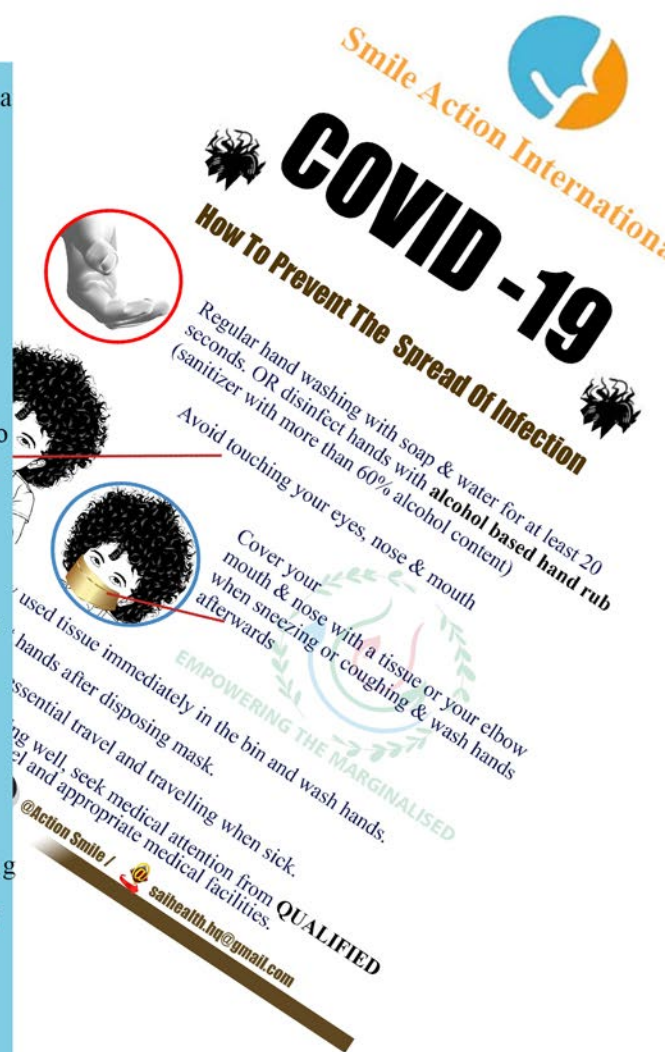
Heroes, you are doing myah deeds That deserve a
five star rating Informing people to follow
restrictions Giving proper information And to
encourage people to stay calm.

Our Covid Icons are like a 24 /7 hour machine
They never complain about their work And
always linger in mind, That their daily goal Is to
make everyone safe and healthy For healthy is
wealthy!

Treating patients with this deadly virus Is not a
joke Never have time to rest Having sleepless
nights Because you take people's lives very
important And precious too Doing researches

On how to control this virus with no cure! Telling
us to stay indoors For this shall pass *Working
together as united* we stand Divided we fall
Encouraging social distancing

Telling us to wash hands with soap Because you
know life is a precious gift When we observe
you, We see COVID ICONS
We ascertain you as life savers You are trying
your best



And you don't and won't give up easily!
Only trying to control the spread of the
virus
We salute you!!!

Q & A



EMPOWERING THE MARGINALISED

INTERVIEW ON THE INCLUSION OF PWDs

by Ian Katema (I.K) & Pamela Pamire (P.P)

I.K: Miss Pamella, what do you mean by the abbreviation “PWDs” and the word “marginalized”?

P.P: PWDs means Persons With Disabilities. Marginalised means a group of people that are isolated, belittled, shunned, relegated or looked down upon by the community or society.

I.K: Are these PWDs recognized in social, economic and political circles?

P.P: Not at all. I feel PWD are viewed by the society negatively and they are not recognized in the circles as they are considered “not normal” and “not fit” by the society.

Politically, the authorities would rather choose someone with no disability to stand, represent and make decisions for PWDs yet who else can understand disability better than a PWDs? Society view

I.K:

PWDs as inferior people who are always sidelined and sometimes bullied, yet the only difference between able bodied and PWDs can be alleviated by giving them a chance via the provision of equipment and support which would enhance their full integration into the society, thus overcoming limitations to their functionality. Economically, people’s perception of PWDs is that they are unable to work or have reduced ability to work hence productivity loss. We should make them self-reliant by equipping them with necessary skills and knowledge with which to earn a source of living.

Can you shed more light on the myths that are there towards PWDs.



Ian Katema is SAI National Projects Officer in Harare, Zimbabwe



Pamela Pamire is SAI Ambassador in Zimbabwe



Smile Action International

Check next page to continue

P.P: There are so many myths towards PWDs. They say: Disability is contagious. It is associated with juju from parents or relatives trying to make money using the person with disability. A family with a PWD member is cursed. Sins committed in the past by the parents or ancestors are reflected by giving birth to a PWD eg murder, incest etc. It comes as a test of faith from God. To have disability in the family is an opportunity to redeem themselves through endurance, resilience and prayer. If the person doesn't receive healing then you were not praying enough to God. If a pregnant woman likes or be-friends a PWD she will give birth to a child with the same disability. Lack of adherence to social morality and religious proclamations that warn against certain behaviours.

I.K: Are PWDs getting enough access to religious facilities?

P.P: No, they are not. Sadly, the church has rather supported societal structures and attitudes that have treated PWDs badly. Few churches do accommodate PWDs but the rest do not. Most church structures have steps and narrow stairs which present challenges to people using wheelchairs. In most cases they would need assistance from a second person, and they might end up feeling that they are becoming a burden to church members. Buildings should have ramps and wide passages. Hymn books should also be in Braille so that blind people can also follow all songs. Churches should have a sign language interpreter for those who are deaf and also the seating arrangement should be the PWD seat in front for clear vision of church proceedings. Instead you will find that most churches reserve front seats for church leaders whilst letting PWDs to sit at the back. Most churches take very long to finish

and the concentration span for PWDs is short hence they end up sleeping during church services. PWDs are not given the opportunity to participate in church activities and programs. In churches, no posts are given to PWDs yet the very PWDs would want to feel that they belong to these churches as much as able bodied church members. PWDs have talents like dancing, playing instruments, preaching, teaching etc but can only be seen if given the chance.

I.K: Can you explain some of the barriers that are hindering PWDs from participating and taking an active role in churches.

P.P: Most of it has been said in question 4, but adding more to it, I can only say the churches are too "smart" to have someone crawling on the pulpit and holding a microphone leading the praise and worship. The religious model regards people with disabilities as demon possessed and in need of deliverance. Some church members may even fear being around or seating close to PWDs as they think the "demons" may be passed on to them.

I.K: Do we have any religious institutions that are accommodating or promoting the recognition of PWDs and the marginalized in their programs?

P.P: Yes we do. There is Seventh Day Adventist Church which has a special needs department that is doing so well in accommodating PWDs. There is also Apostolic Faith Mission, Roman Catholic, Jehovah's Witnesses and Reformed Church. These all have sign language provision for their members.

I.K: Do we have PWDs who are talented and gifted just like any other person?

P.P: We have plenty of them, some are even very famous like Greatman (musician), Munyaradzi Munodawafa (musician), Prudence Mabhena (musician), Kuda Mapeture (Miss Deaf Pride Trust CEO and model).

- I.K: What are some of the efforts that have been put in place by some churches to accommodate PWDs?
- P.P: Most of them have sign language interpreters and a special needs service for PWDs.
- I.K: Which projects can be done by communities, churches, NGOs, Government to help PWDs?
- P.P: Everyone in communities with PWDs should be taught on inclusion so that we set aside our differences thus overcoming limitations in functionality. It is the collective responsibility of every member of the society to create an environment in which limitations for PWDs are minimal with equal access as a human right. The government should make more laws that protect PWDs and thankfully, sign language was made an official language in Zimbabwe. NGOs and churches should fund self-help projects for PWDs so that they can sustain themselves and their families. Talent spotting should be done to PWDs and that talent should be nurtured. Let us not sympathize with PWDs, it disables them, empathy is the key.
- I.K: What does the bible say about attitude towards PWDs and the marginalized people?
- P.P: Leviticus 19:14 –“Do not curse the deaf or put a stumbling block in front of the blind, but fear your God. I am the Lord.” John 9:1-3 As he went along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” “Neither this man nor his parents sinned,” said Jesus, “but this happened so that the work of God might be displayed in his life.”

DAY OF THE AFRICA CHILD 16 June 2020



Deborah's Heart Foundation

In commemoration of Day of the African Child-16 June 2020

Help Us Help Kuwadzana
Child Protection Committee
to support its children in difficult times like these...

Items need:
Food stuffs | Sanitary Pads | Sanitisers
Water Buckets | Masks(Disposable /reusable)

Monetary donations
*151 *2*2*323469#YWCA
(Kindly send your proof of payment to Connie/Ivy)
Every donation counts

For more information contact:
Connie: +263 77 531 4332 | Jeremiah: +263 77 627 0293
Nyasha: +263 77 438 2286 | Ivy: +263 77 262 5027
Mandy: +263 77 541 1186

Logos: Y.W.C.A., Zimbabwean Episcopal Church, Zimbabwean Methodist Church, Smile Action International, THE DREAMER'S WORDS TO TREASURE

Tagline: "A Compassionate Youthful Generation United and Resilient for Love..."

devotion

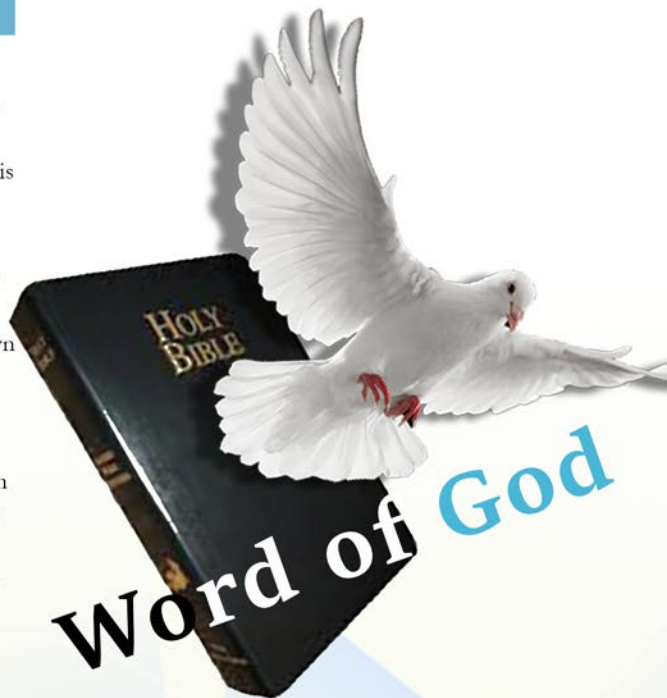
BY PASTOR KNOWLEDGE KAMHIRIPIRI

BORN TO LIVE A MARK

Time and chance happen to us all. Do you know that the community that we live in is in search of the people who can bring solutions to their life? This can only happen when one realizes how special they are in their community. Self-esteem is a characteristic that most of us are born with and we wonder why we belong in the families that we belong to. I have good news for you today, you are not a biological accident or a circumstance born baby as some may assume. You were in God's mind when he created you. God created man in his own image, He created them male and female Genesis 1 v 27.

Do you know that you are from the hand of a designer and you were made by the best designer who does not only design but he does it purposefully? God is not entertained neither is he wasteful to create a being that he never loved. You were created at his will. David the psalmist says "I am wonderfully and fearfully made". Indeed when you look at yourself you should live life with a purpose because among billions of people in this universe nobody is like you.

Do you know that nobody can imitate you and nobody can reason like you? Beloved one, in this world you are special in the community that you live in. God knew that amongst them all nobody will be like you. Are you living a mark in the community that you are living in? I once read a story about a baboon that died on the entrance of the cave and the cave was named the baboon's cave because the baboon had died there.



When the elephant heard about the baboon's cave it decided to also die on the entrance of the cave so that it could be named after it. When the elephant died, people said the elephant died on the baboon's cave. One thing to take note of beloved ones in life is that the most counted people in the society are those who come first and most importantly its not the person who comes second who is remembered. I challenge you friends to leave a mark in life so that people will remember you.



Smile Action International

May 2020 / Inside4Real 21

Tell yourself that God created you with a purpose and you should live a purposeful life and impact your community and make it benefit from your existence.

Success has nothing to do with one's background and destiny. Despite one's background they can still achieve more. I always marvel when I read about one guy called Nakamba. He never thought that one day he will be in England playing for such a big club after growing up playing in dusty play grounds as a child. I want to believe that his parents would have shouted at him as he would come back home dirty and with torn clothes but now they appreciate him and are proud of him. The secret is that he was determined in achieving the success he desired despite of all the hurdles. He had a dream and he worked towards it.

Life is not all about competition we do not compete in this life but we live our lives and He will do His will in our lives. God cannot create us to be competitors but the best competition that you can have is to compete against yourself. Tell yourself that God created you with a purpose and you should live a purposeful life and impact your community and make it benefit from your existence.

Nobody is a reject in the society that they live in and no one can be said to be of no use. I always tell my disabled nephew that his situation is not a reason of not being useful. Disability does not mean inability. "look around and see your potential", I always tell him. I am proud to say that without him I feel empty because he crafts good door mats that he sells and earns a lot of money from it. What is stopping you from exercising your talent? Time and chance happen to us all in this society. wish to live mark as you live.



SERMON BY: Pastor Knowledge Kamhiripiri



Smile Action International

May 2020 / Inside4Real 22

devotion

BY PASTOR WELLINGTON CHAORA

THE COST OF DISCIPLESHIP

When Jesus was here on earth, he had enough time to be with his disciples, which he spent preparing them for the persecution to come. He told them of the rejection that would come to them for becoming Christians. One thing that I want to bring to your attention is that, being God's person will usually create reactions from others who are resisting Him. Once you know that, you will not have problems with anyone.

The word Disciple, from the Advanced English Dictionary, means someone who believes and helps to spread the doctrine of another; or rather an adherent. Cost means require to lose, suffer, or sacrifice. So, when I say the cost of Discipleship I mean the sacrifice that accompanies you when you choose to follow and help spread the doctrine of Jesus.

As you plan on becoming Jesus Disciple, here are the possibilities of your experience on the journey to heaven: You will face opposition. Opposition will be faced from three different angles according to Jesus.

a. From Government (vs 18-19)

The disciples later on experienced this hardship. They were beaten for proclaiming God's word to the people and speaking in the name of Jesus. They were instructed to keep quiet and never again to speak in the name of Jesus. Sons and daughters of God, suffer me to say at this point in time that living for God often brings on persecution, but with it comes with the opportunity to tell the good news of Salvation. In this

regard we can be confident in times of persecution for Jesus overcame the world and what we are in right now is a delayed match. So, those who will endure till the end will be saved.

b. From Religious people. (vs 17)

Jesus told his disciples that they will experience not only persecution from the outside but from within. As another writer used to say that we have so much to fear from within than from without, Jesus told his disciples that they will face opposition from religious people. Even during the time of Jesus, the Pharisees would hinder everyone who would try to proclaim Jesus and his deeds to the world. Church leaders persecuting members for the sake of the gospel. Are we not experiencing this in our different churches? Yes, we are at some point. Hindrances from leaders of speaking the truth because they are afraid of losing the congregation, so they tell people to be quiet. I want to remember that this is a delayed match and you have nothing to fear when such happens. Take courage and partner with him no matter the cost.

c. From Family Members (vs 21)

It is surprising that even family members get furious at us when we chose to follow Jesus. Satan tries all his best to jeopardize our partnership with Christ but hear this: when you have decided to follow Jesus, there should be no turning back. Put the world behind and chose the cross of Christ. Enduring till the end is not a way to be saved but the evidence that you are really committed to Christ.



Smile Action International

May 2020 / Inside4Real 23

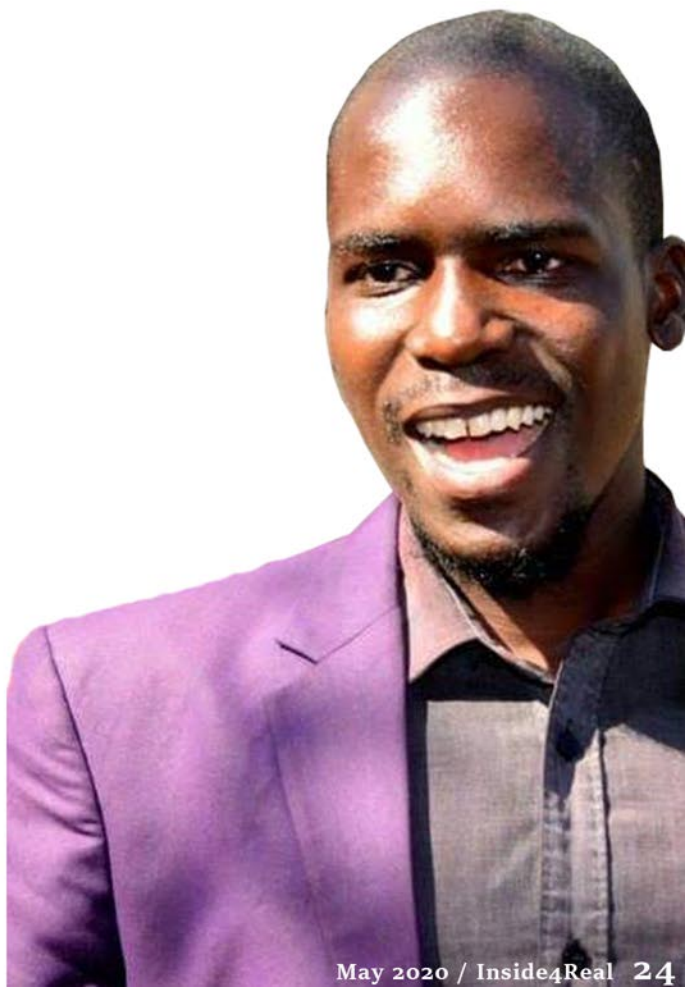
...being Christ's disciples has costs; you may lose so many things, but one thing for certain is that you will be fine for great will be the one with you than the one with them. .

Persistence is not a means to earn salvation; it is the by-product of a truly devoted life. Jesus, in His wisdom realized that there would be a fixed reaction to the afore mentioned situations- fear and worry. The possible pressures to the aforesaid scenarios are that people will be threatened even to death for choosing Christ, some will be physically harmed just like what was done to the Disciple of Jesus (Acts 5:40); some will publicly be ridiculed, and to some rejection by their loved ones. Fear not, it is what gospel package is like. One thing that should be at the back of your mind is that the truth will be revealed (vs 26), secondly, our souls cannot be harmed (vs 28), thirdly, God himself will acknowledge us if we acknowledge him (vs 32) and lastly, God's love can sustain us (vs 31).

Child of God allow me to tell you this point Blank: being Christ's disciples has costs; you may lose so many things, but one thing for certain is that you will be fine for great will be the one with you than the one with them. Being a disciple of Christ requires great sacrifice and with it comes the joy of partaking in the heavenly kingdom. Are you ready to lose everything today for the sake of Christ and gain more in the world to come? If it is your desire today pray with me.

Heavenly Father, thank you for your word. You have made it clear today that following you has a cost, but the cost is worth taking for it secures a place for me in heaven. Help me to be a person who will not be shaken by the seashores, the threats from authorities, from family members, from church members, and from the physical harm I may face. I want to commit myself and my life today so that you become my guide in everything. I am ready to take the cost that comes with being your disciple, so help me God. Amen!!!

SERMON BY: Pastor Wellington Chaora



"I will not apologise for being me"

BY MASCILINE MUTINHIMA



Masciline Mutinhima is SAI's National Projects Officer in Harare, Zimbabwe

I might be an orphan but I owe it to myself to be the kind of person I want to be. I owe it to myself to look back one day and say **THAT WAS THE MOMENT.**

I am strong; I have a big heart,

I speak the truth, I don't settle for less and I don't believe in average, That's me and I will not apologize for being me.

So, they leave me out in the dark,

with no blanket or a jersey because I have no identity,

I feel cold and my mind gets shut.

I find a way to make my body warm

and suddenly I get myself into a deep sleep.

The sun rises and I'm all smiles,

That is my time and I.

Each time the sun comes up I'm reminded

that I have been given another opportunity to live my best life and it rings in my mind that,

I will not apologise for being me.

For some it's easy to be positive when everything is working out and its much harder when nothing is working out but that is when we need to be positive most.

For me nothing is working out but I believe in the power that not only makes the sun to rise

but turns seeds into flowers and dreams into reality.

So I tell them about my big dreams,

they get annoyed,

irritated and some fall down with laughter.

They shun away my ideas and say I'm too young but I don't seem to care.

Should I run and hide into the bush to cry?

I tell myself 'No', I will fight to achieve that prize.

I will not quit at half time neither at mid-season

but rather will play the whole game till I get my prize.



Smile Action International

May 2020 / Inside4Real 25

"I feel I have a purpose now"

BY TERESA JAHA



Being disabled comes with its difficulties, but some find it a lot easier than others. Around the world, millions of disabled people live in developing countries often in poverty, shunned by society and without support. In this article is unlocking the potential of disabled people and giving them a fair chance in life and achieving their dreams.

"I feel I have a purpose now" and can help people that were or are in my situation. Motivation acknowledges that someone's story impacts positively. It becomes a never-ending cycle - without a job and cannot pay for your healthcare.

Motivation has launched a new brand new appeal called Ready, Willing and Able, which aims at unlocking the potential of PWDs and give them a fair chance to work their way out of poverty. By supporting Motivation's Ready, Willing and Able appeal, one can have a lasting impact on people, helping to inform the PWDs of their basic rights and have to stand up for them, as well as providing trainings so that PWDs become skilled for work.

Motivation works with families, communities and business people to eradicate the discrimination that leads to exclusion of PWDs. By undertaking activities this causes awareness, including going to Business people to talk about the legislation around employment of PWDs, and highlighting the benefits of a more inclusive workforce, this appeal will help to break down the barriers that prevent PWDs from working.

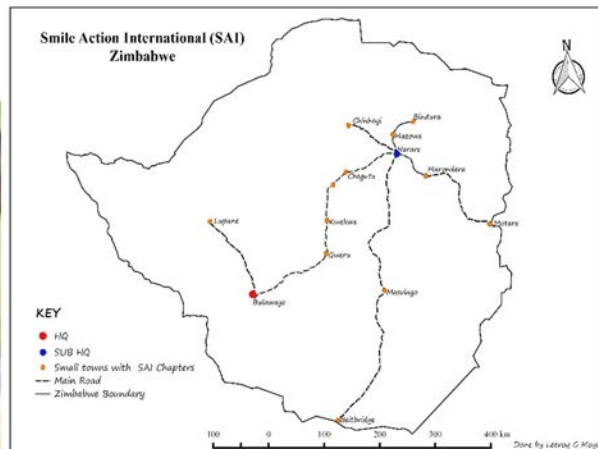
To be motivated means to be moved to do something Ryan and Deci (2006). From the perspective of Maslow's hierarchy of needs, PWDs can be motivated to join the vocational trainings in-order to fulfil their needs. The bible says in Psalms 27: 14 Wait on the Lord, be of good courage, and he shall strengthen thine heart. The Lord is disappointed when His people place a low value upon themselves. He desires His chosen heritage to value themselves according to their price He has placed upon them. When PWDs are motivated and encouraged the Lord will strengthen their heart, they will feel involved and feel they have a purpose to live.

Teresa Jaha is INSIDE4Real
Assistant Production Editor in
Harare, Zimbabwe



Smile Action International

Chapter to Development



Get empowered through your
SAI Chapter today!

Chapter Map to Development

BY LEEROY G MOYO (GIS & Research Associate, Harare, Zimbabwe)

In the road map to empower and promote the recognition of people with disabilities in Zimbabwe, SAI created several Chapters in more than 13 towns. These chapters are empowering communities through various programs and projects which are sustainable.

EMPOWERING THE MARGINALISED

SAI GLOBAL THEME BY TINASHE W
MUBEREKWA

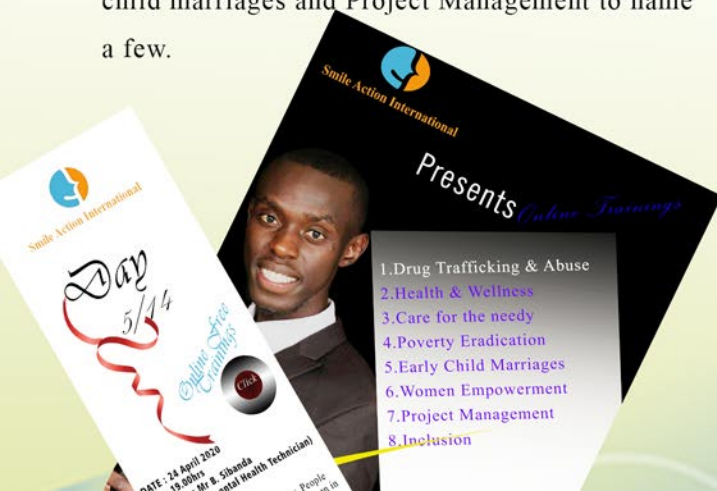
Empowering The Marginalised is the current global theme of Smile Action International. The global theme is in line with the mission, and vision of the organisation in empowering and promoting the recognition of people with disabilities, orphans and the less privileged.

SAI in March 2020 availed powerful online programs during the on going Covid 19 lockdown to educate the communities on topics such as Women empowerment, Health and wellness, Early child marriages and Project Management to name a few.



These topics are being received by many communities extending international boundaries.

SAI programs are rooted on its vision and mission of being a leading network that empower people with disabilities (PWDs), Orphans and less privileged. The theme is carried to the entire world through keys which include, voluntary service, impact and sustainability, accountability, neutrality and impartiality, humanity, transparency and value life.



Smile Action International

May 2020 / Inside4Real 28

Inside the camera

BY MUBNET



NATIONAL COORDINATORS WORKSHOP

Photos : MubNet Unified Systems


Smile Action International
May 2020 / Inside4Real 29



DATE : 23 November 2019
Check the full Event report on
page 34

Contact: +263 775 696 756



SAI ECD & Primary Books donations to Bulawayo City Council



DATE : 29 January 2020
Check the full Event report on
Book donations by SAI



SPAR



ONLINE

**Online shopping now also available in Bulawayo
(Collection only, from SPAR JN Bulawayo)**



www.spar.co.zw



better together



**Check SAI Wellness Day in collaboration with
SPAR JN Bulawayo. Report on page 41**



Smile Action International
May 2020 / Inside4Real **32**

SAI Health Department

BY DR TAFADZWA MOSTERI
(Smile Action International Health
Director, Bulawayo, Zimbabwe)

Personal hygiene and family health are key, SAI health department values and promoting good health for all is our priority. Without good health you cant work for your family or even go to school. Peace of mind will be shattered more than one without a job. On 24 May 2020, we launched an anti malaria awareness with a theme of preventing Malaria during Covid 19 epidemic in a drive to educate as well as reminding communities of all levels from individuals, private sector, civic society and government that Malaria is also a life threatening disease that is claiming lives and lets prevent the increase in Mortality rate of Malaria at the same time fighting covid 19 epidemic.

Lets use all preventive ways to prevent Malaria using mosquitonets ,coils,repellents, fumigation, wearing long-sleeves, cutting grass and preventing water logging with in our communities.

As SAI health director and a doctor I encourage you to follow covid19 lockdown rules at all times and stay safe



Smile Action International

SAI National Coordinators workshop

BY PRETTY NDLOVU

*(Smile Action International Projects
Director, Bulawayo, Zimbabwe)*



Smile Action International held its National Coordinators Workshop on 23 November 2019. Gracing the event on the day were various respective selections such as those of the National Coordinator for Botswana Chapter also Projects and Psycho social department Director Pastor Pretty Ndlovu, The Operations Director Mr T Mamina and his board of directors. The event was held in a bid to train coordinators from different chapters on what Smile Action is all about

in light with its vision, mission, objectives, values and policies therefore achieving vibrancy amongst coordinators nationwide. The event was attended by over thirty participants and was presented by high profile presenters such as the SAI Secretary General Mr Mqondisi Mkwanzani (welcome remarks), ZIFIN Manger Mr Norman Juma (Basic Financial Literacy) and SAI Trainings Director Mr Thandanani Gumede (SAI introduction). On the day various SAI policies were reviewed. Policies such as SAI Volunteer management policy, SAI Constitution, SAI Operation standards, SAI Needs Assessment and SAI Core Values were amongst those discussed on the day. The day was very much enjoyable to many as it was characterized by networking, interaction and entertainment from local artists such as Prudence Mabhena. Also showcasing was Art by Pamela Ntini from the SAI arts class. The program was media covered by MubNet Unified Systems (a media partner of SAI). On overall, the day was a success as the SAI family managed to bring to the table a formidable event.



Smile Action International

Marondera Chapter workshop

BY LUCY NHAKAI

*(Smile Action International Health
Director, Harare, Zimbabwe)*



On the 9th of December 2019 in Marondera, we were blessed by a new baby named Smile Action International. It was the launch of the organisation in our chapter. The event was graced by Operations Director Mr Mamina as he paved way for the development of the chapter. The major emphasis was on empowering the marginalized including people with disabilities and orphans.

Marondera is one of SAI Zimbabwe chapters on map and on the launch workshop, it recorded 26 members including four PWDs. After the launch we were had a special prepared launch as we mingled and share new ideas towards achieving sustainable development as a united chapter.



ECD & Primary Books Donations

BY INSIDE4Real News

(I4R News Bulawayo, Zimbabwe)

On January 29, 2020 Smile Action International in collaboration with Chicken Steak embarked on an empowerment quest as we donated Early Childhood Development (E.C.D) and primary school level books to empower the young minds of Bulawayo. Present from Smile Action International were, Founder and Operations Director Mr T.Mamina with Projects Director Pastor Pretty Ndlovu ,Finance Director Mr T.Marisa, Former Trainings Director Mr T.Gumede and Legal Affairs Director Faith Chega. Three thousand books,charts and toys for E.C.D and Primary school level were donated on the day. The handover was led by the Operations Director Mr T Mamina to the Bulawayo cityMayor Mr Solomon Mnguni at City hall.Mr Mnguni was with city council trustees, councilor and Department of Housing representative .This act went a milestone to address the SDG 4 on education and the SAI mandate to empower the

Marginalised through knowledge because knowledge is power and catching them young is key so as to buildleaders of tomorrow. Ensure inclusive and equitable quality education and promote life-long learning opportunities for all citizens was the major drive for the donation.



Photo:SAI Public Relations Department

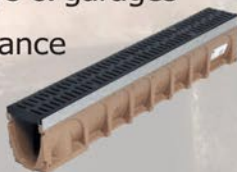


itrian Investments

Our Passion is to keep our city clean & make our water pure

Manufacturers and Suppliers of:

- Grease traps
- Oil traps for car washes, washing bays & garages
- Drain flushing & grease trap maintenance
- Skips
- Mini skips
- Rain water harvesting system for gardens
- Mobile cold room trailer & hardware



For more information contact:

Brian Sithole : 0782 110 981/ 0716 104 460

Nomusa Mpofu : 0782 160 827

Email: sitrianinvestments@gmail.com



itrian Investments

Itrian Investments helps you keep your city clean 100%



Smile Action International

May 2020 / Inside4Real

Mazowe Chapter workshop

BY VIMBISO C MUBEREKWA
(MubNet, News Reporter)

On 20 February 2020, Mazowe SAI committee hosted a oneday Financial Literacy workshop which was held in Concession. The guest of honor was Northern SAI Trainer Mr T Hompa who nailed it openly to twenty attenders, the benefits of financial literacy. The program was targeted to equip people with disabilities and orphans to prepare them for future projects with emphasis onsustainability.

The benefits of Financial Literacy:

1. Useful in making decisions
2. To deter fraud
3. Good management of funds
4. Not to overspend
5. Budgeting
6. Bookkeeping
7. Cash flow management and cost management to meet tax obligations

The above points educated PWDs and OVCs to start and maintain sustainable projects for them to be able to live supporting their families. The workshop was of paramount importance since it united community members from different backgrounds to work and coordinate together in eradicating poverty, discrimination and stigmatization under SAI global theme Empowering The Marginalized. Moreso all workshop members who attended obtained a certificate. This also marked the beginning of Mazowe Chapter online programs which are running during the Covid 19 Lockdown. The Chapter is hoping to fully develop community programs with dialogue titled Simbakuyamwe which emphasis more on the health education of the marginalized community. Mazowe SAI Chapter is one of the growing chapter and lead by united team of Chapter Coordinator and committee members.

[Check Next page to continue](#)

EMPOWERING THE MARGINALISED



Smile Action International

May 2020 / Inside4Real **38**

SDGs For Partnership Goals

BY MQONDISI MKWANANZI
(SAI Secretary General)

We partnered with SDYF in commemoration workers day and beyond programs. The workers day theme was Honor covid19 our front line workers. We managed to make electronic posters and messages that were flight via all social media in solidarity with covid19heroes. Via online twitter handle SDCYF hosted a number of awareness and AU solidarity speech. Lets remain united in fighting against covid19 and helping marginalized communities.



Vimbiso C Muberekwa is
MubNet News Editor



Photo: MubNet

SPAR WELLNESS DAY

BY PRETTY NDLOVU

(Smile Action International Projects Director, Bulawayo, Zimbabwe)

When one talks of pulling crowds and administering necessary change in the society nothing comes to mind but Smile Action International in collaboration with SPAR Wellness Day. On 7 March 2020, SAI together with SPAR Bulawayo hosted a Wellness Day and this was in a bid to raise awareness and to educate members of the public on the effects of communicable and non-communicable diseases.

Furthermore the SAI crew brought to light the SAI mandate which is to empower and train the marginalized, the less privileged, orphaned and people living with disabilities by teaching them life skills such as public speaking, sign language, artistry just to name a few. On the day the public was educated on the prevention and treatment of these diseases that fall in the category above. The event was held at SPAR Joshua Mqabuko Street and the public responded with total co-operation as they attended in numbers notable is that over 1500 people attended the event and just above 1000 people actively participated in the different services and platforms present

Other services provided were medical consultancy by SAI's Dr Mosteri, Awareness and testing on heart diseases for children by Brave Little Hearts Zimbabwe, BP and HIV tests and distribution of condoms by the AIDS healthcare foundation and also Anti drug education from Anti Drug Team. The SAI team present on the day comprised of the Operations Director Mr T Mamina, the Projects Director Pastor P Ndlovu, Dr Mosteri, Lupane chapter Treasure Miss T Ncube and



SAI members Pamela G. Ntini, Primrose and Laiza.

On overall SAI was well received by people and all the other organisations present on the day evidently 35 individuals applied for membership and 9 families indicated that they wanted to train in various SAI platforms, another 6 individuals showed interest in learning sign language and this went an extra mile in showing the level of acceptance by the public.



INSIDE4Real



TO WRITERS: Articles on PWDs are welcome and may be submitted to :
saieditor.news@gmail.com INSIDE4Real is published monthly by SAI

Email: saiheadquarters@gmail.com
www.facebook.com/SmileActionInternational
<https://twitter.com/ActionSmile>



Smile Action International

EMPOWERING THE MARGINALIZED

Our mission is to empower and promote the recognition of people with disabilities (PWDs), orphans and less privileged as we strive to eradicate stigmatisation and discrimination in all sectors of the society.

Publisher: [Smile Action International](#)

INSIDE4Real Executive Board

Chief Editor

[Tinashe W Muberekwa](#)

Production Editor

[Tatenda Mamina](#)

Assistant Production Editor

[Teresa Jaha](#)

Senior News Editor

[Sibusisiwe Nyoni](#)

Junior News Editor

[Nyasha Manzou](#)

Marketing Editor

[Talent Kanyemba](#)

Art & Design

[Eugene Ncube](#) , [Pamela Ntini](#) & [Tinashe W Muberekwa](#)